|   |                         |   |  |   | ghted in yellow ar   |                 |   |                  |  |
|---|-------------------------|---|--|---|--|-----------------|---|------------------|--|
|   |                         |   | Γ  | Thu   | rsday July 26 (  | -               | ing)  |                  |  |
|   |                         | 7:00-8:00   | 8:00-8:40  | 8:40-9:00   | 9:00-10:15   | 10:15-<br>10:35 | 10:35-12:05   |                  | 12:05-1:20   |
| <u>ROOM</u>                             | 5                       |   |  | <u> </u>  | <u>PLENARY</u>   |                 | SESSIONS<br>A CBS Approach to Safety Planning and Repertoire  |                  |  |
| Agora                                   | Ground Floor            |   |  |   |  |                 | Expansion with High Risk Patients (3)-Weinstein<br>( <u>Workshop</u> )  |                  |  |
| Centre-Ville                            | Groun                   |   |  |   |  |                 | Mobilizing Behavioral Science to Address Climate<br>Change (4)-Biglan, Johansson ( <u>Workshop</u> )  |                  |  |
| Place Du<br>Canada                      |                         |   |  | Opening ceremony<br>led by Elder,<br>Otsi'tsaken:ra<br>(Speckled Flower,<br>Bear Clan), from<br>the Kanien'keha:ka<br>Community of<br>Kahnawake (B) | On Fear and<br>Wonder: The<br>Varieties of<br>Psychological<br>Experience (2)-<br>Coyne (Int. Leonard<br>Curtin) (Plenary) |                 | Bringing Values to Life in ACT: Moving from the<br>conceptual to the experiential (5)-LeJeune*, Luoma,*<br>Lundgren ( <u>Workshop</u> )                                 |                  |  |
| Av. Laurier / Av.<br>Viger              |                         |   |  |   |  |                 | Introducing and Integrating Cognitive Defusion<br>Techniques in Therapy (6)-Blackledge ( <u>Workshop</u> )  | LUN              | Atlantic Canada<br>Chapter Meeting (C)-<br>Lee-Baggley                   |
| Av. Duluth                              |                         | Mindful Yoga-Based<br>ACT: Incorporating<br>yoga into therapy<br>(1)-Gordon*,<br>Borushok<br>(Workshop) | Ambassador &<br>Ambassadee<br>Meet Up (A)-M.<br>Morris |   |  |                 | Quickstart into ACT (7)-Kiel ( <u>Workshop</u> )  |                  | Women in ACBS<br>SIG Member<br>Meeting (D)-<br>Silberstein,<br>Georgescu |
| Av. Van Horne                           | n Floor                 | Floor   |  |   |  |                 | Women and ACBS: Toward a Future of Parity (8)-Walser,<br>Pistorello, L. Hayes, Silberstein-Tirch, Westrup, Brill ( <u>Panel</u> )                                       | СН               |  |
| Rue Sainte-<br>Catherine                | <b>Convention Floor</b> |   |  |   |  |                 | Using ACT in the Treatment of More Complex Forms of<br>Depression: Examples in Three Clinical Settings (9)-<br>Dalrymple, Zettle, Morgan, A-Tjak ( <u>Symposium</u> )   |                  | ACBS BeNe - Dutch<br>Language Chapter<br>Meeting (E)-Bluyssen            |
| Rue Notre-<br>Dame / Rue<br>Saint Denis |                         |   |  |   |  |                 | Why 21st Century Leaders Often Feel In Over Their<br>Heads and How Psychological Flexibility Can Help (10)-<br>Collis ( <u>Workshop</u> )                               |                  | Pennsylvania ACBS<br>Chapter (F)-D'Amico                                 |
| Rue Crescent                            |                         |   |  |   |  |                 | Recent theoretical and methodological advances in<br>Relational Frame Theory (RFT) (11)-Bordieri, O. Moran,<br>Guinther, Pennie, Daisy ( <u>Symposium</u> )             |                  |  |
| Rue Mansfield /<br>Rue<br>Sherbrooke    |                         |   |  |   |  | C<br>O<br>F     | Values based career adjustment for the worn out and<br>disillusioned mental health worker (12)-Georgescu*,<br>Sawyer* ( <u>Workshop</u> )                               | L<br>U<br>N<br>C | Aging in Context<br>SIG Meeting (G)-S.<br>McCurry, Drossel               |
| Rue Saint-Paul                          |                         |   |  |   |  | E               | Awareness, courage and love: Clinical measurement,<br>clinical analogue and clinical findings (13)-Kanter, Olaz,<br>Manbeck, Kuczynski, Wetterneck ( <u>Symposium</u> ) | H                | Texas ACBS<br>Chapter Meeting (H)-<br>Martinez                           |
| Dièse                                   |                         |   |  |   |  | E<br>A          | Advancing ACT in the Military: Opportunities,<br>Challenges, and Recommendations from an International<br>Panel (14)-Tubman, W. Smith, Afari, Kasujja, Gobin (Panel)    |                  |  |
| Exclamation                             | 3rd Floor               |   |  |   |  |                 | Efficacy of brief RNT-focused ACT protocols in different<br>settings (15)-Salazar-Torres, Luciano, Ruiz, Larrea-Rivera,<br>Garcia-Martin ( <u>Symposium</u> )           |                  | ACBS Brasil<br>Meeting (I)-Saban,<br>Valentim                            |
| Multiplication                          |                         |   |  |   |  |                 | Optimizing Well-being among Individuals with<br>Appearance Concerns (16)-Martin, Dudek, Zucchelli,<br>Merwin ( <u>Symposium</u> )                                       |                  | Mid-Atlantic Chapter<br>Meeting (J)-Kimball,<br>Martin                   |
| Arobase                                 |                         |   |  |   |  |                 | Évaluer et concevoir un plan d'intervention selon le<br>modèle de l'hexaflex (17)-Dionne*, Martei ( <u>Workshop</u> )   |                  | Asian Culture and<br>CBS SIG Business<br>Meeting (K)- Mak,<br>Luo        |

|   | 1:20-2:50  | 2:50-<br>3:10    | 3:10-4:25   | 4:25-<br>4:40 | 4:40-5:55  |
|---|--|------------------|---|---------------|--|
| ROOM                                    |  | SIONS            | 3.10-4.23   | 4.40          | PLENARY  |
| Agora                                   | Functional Analytic Group Therapy: In-Vivo Healing In<br>Community Context (18)-Hoekstra, Vandenberghe<br>( <u>Workshop</u> )  | C<br>O<br>F<br>E | Learning to Fail in ACT (33)-Merwin* (Workshop)   |               |  |
| Centre-Ville                            | The Marriage of ACT and ERP for OCD treatment: How to<br>do it, when to do it, and checking if it works! (19)-Zurita<br>Ona, Thompson ( <u>Workshop</u> )  | F A<br>E<br>E    | An Introduction to Process Based Therapy (PBT)<br>(34)-S. Fraser, C. Fraser ( <u>Workshop)</u>  |               |  |
| Place Du<br>Canada                      | The stance of the ACT therapist  | : (20)-Wal:      | ser, O'Connell* ( <u>Workshop</u> )   |               | EFT: The science and sou<br>of couple therapy (46)-S.<br>Johnson ( <i>Int. Turrell</i> )<br>( <u>Plenary</u> ) |
| Av. Laurier /<br>Av. Viger              | How to have close relationships: An e  |                  |   |               |  |
| Av. Duluth                              | ACT for Psychosis Recovery Groups: How to train and<br>supervise practitioners and peer supporters to be<br>mindful, valuing and effective facilitators (22)-E. Morris, L.<br>Johns ( <u>Workshop</u> )                                |                  | ACT Therapist's Self-Practice and Self-Reflection:<br>An evidence based program of training therapists'<br>personal and professional mastery through self-<br>practice of core ACT processes (35)-Tirch,<br>Silberstein-Tirch, Codd, J. M. Wright, Brock*<br>(Workshop) | B<br>R<br>E   |  |
| Av. Van Horne                           | Moving Toward Process Based Psychotherapy (23)-C.<br>Fraser, S. Hayes, S. Fraser, Tirch, S. Johnson ( <u>Panel</u> )   |                  | Negotiating changing roles and respecting<br>boundaries in experiential therapies training and<br>supervision (36)-Schoendorff, A-Tjak, Tsai, Koerner,<br>Kolts, Gillanders, Plummer Loudon ( <u>Panel</u> )  | A<br>K        |  |
| Rue Sainte-<br>Catherine                | Conceptual, empirical and pragmatic innovations in the<br>contextual behavioural science of thriving with a long-<br>term health condition (24)-Gillanders, Rovner, Kemp, Lee-<br>Baggley, Day, Vincent ( <u>Symposium</u> )           |                  | Open, aware, and engaged: ACTing and adapting<br>across the video platform (37)-Shearer, Levin,<br>Hollrah, Morrison, Zink ( <u>Symposium</u> )   |               |  |
| Rue Notre-<br>Dame / Rue<br>Saint Denis | Increasing Stakeholder Commitment to Behavior Change:<br>ACT for "Non-Adherence" (25)-Bordieri ( <u>Workshop</u> )   |                  | Women and academic writing: How to deal with<br>barriers and be productive (38)-Bolderston,<br>Pistorello*, McHugh*, Sandoz* ( <u>Workshop</u> )  |               |  |
| Rue Crescent                            | Exploring a past, present and future of broadening of<br>behavioral horizons (26)-Vriesman, Levin, Law, Maragakis,<br>Kuczynski ( <u>Symposium</u> )   | C<br>O<br>F      | The Value of Health: Utilizing ACT to Promote<br>Flexibility and Well-Being in Primary Care and<br>Health-related Settings (39)-Singh, Lee-Baggley,<br>Gushanas, Deledda, Moeller ( <u>Symposium</u> )  |               |  |
| Rue Mansfield /<br>Rue<br>Sherbrooke    | An Experiential Introduction to Relational Frame Theory<br>(27)-Sharma ( <u>Workshop</u> )   | E                | Bringing ACT for Psychosis into the "Real World":<br>Recent Developments in Dissemination and<br>Implementation (40)-Gaudiano, L. Johns, Tyrberg, E.<br>Morris ( <u>Symposium</u> )   | B<br>R<br>E   |  |
| Rue Saint-Paul                          | Ecological Momentary Assessment as a CBS Tool:<br>Empirical Applications of Ecological Momentary<br>Assessment to Questions of Contextual Behavioral<br>Science (28)-Pierce, Gloster, Krafft, Merwin ( <u>Symposium</u> )              | T<br>E<br>A      | Behavioral Activation: A Third Wave Cousin on a<br>Journey Across the World (41)-Martell ( <i>Int. Dionne</i> )<br>( <u>Invited</u> )   | . А<br>К      |  |
| Dièse                                   | Integrating concepts and principles of RFT into clinical<br>work: A dialogue among different perspectives (29)-Olaz,<br>Villatte, Törneke, McHugh, Ruiz ( <u>Panel</u> )   |                  | Are we meaning the same when using the term<br>coherence implications (42)-Luciano, S. Hayes, K.<br>Wilson, Törneke, Bordieri ( <u>Panel)</u>   |               |  |
| Exclamation                             | Thriving with Medical Illness: Novel Acceptance and<br>Mindfulness Interventions to Promote Psychological<br>Flexibility in Adolescents and Adults (30)-Birnie, Dindo,<br>Ruskin, Ahola Kohut, Weinrib, Desormeau ( <u>Symposium</u> ) |                  | ACT processes and outcomes among high risk<br>populations (43)-Donahue, Teti ( <u>Symposium</u> )   |               |  |
| Multiplication                          | Advances in Relational Frame Theory Research of<br>Applied Relevance (31)-Bast, Stewart, Kovac, Kirsten,<br>Gomes ( <u>Symposium</u> )   |                  | Metaphor Co-Creation: ACT as Practiced in Japan<br>(44)-Mitamura, Tani, Seguchi, Shudo ( <u>Symposium</u> )   |               |  |
| Arobase                                 | «Deviens maître de ta vie»: Un programme d'intervention<br>basé sur la thérapie d'acceptation et d'engagement (ACT)<br>pour les adolescents (32)-Rose, St-Amand ( <u>Workshop</u> )  |                  | ACT, Stress et Burnout, de la lutte à l'action<br>engagée (45)-Vandenbosch, d'Hostingue ( <u>Workshop</u> )   |               |  |

|   |  |   |  | Fri   | day J            | uly 27 (Morning)  |                       |  |
|---|--|---|--|---|------------------|---|-----------------------|--|
|   |  | 7:00-8:00   | 8:00-9:00  | 9:00-10:15<br>PLENARY   | 10:15-<br>10:35  | 10:35-12:05<br>SESSIONS   |                       | 12:05-1:20   |
| Agora                                   | Floor  |   |  |   |                  | Getting the Essentials in Place: Using a Structured BA Protocol to<br>Gain Proficiency (50)-Martell ( <u>Workshop</u> )   |                       |  |
| Centre-Ville                            | Ground   |   |  |   |                  | Children and Their Contexts (51)-C. McCurry, Rombouts (Workshop)  |                       |  |
| Place Du<br>Canada                      |  |   |  | Building<br>Emotional<br>Agility (49)-David<br>(Int. Collis)<br>(Plenary) |                  | The compassionate and flexible therapist (52)-Kjelgaard* (Workshop)   |                       |  |
| Av. Laurier /<br>Av. Viger              |  |   |  |   | C<br>O<br>F<br>F | Understanding Self As Context (53)-D'Amico, Armando, Masterpasqua<br>(Workshop)   |                       |  |
| Av. Duluth                              | Mindful Yoga-<br>Based ACT:<br>Incorporating<br>yoga into therapy<br>(47)-Gordon*,<br>Borushok | Based ACT:<br>Incorporating<br>yoga into therapy<br>(47)-Gordon*,         | ACBS Country<br>Chapter<br>Leadership<br>Speed Dating (L)-<br>Chapter/SIG<br>Committee | E   | E                | ACT for social anxiety: an evidence-based group and individual approach (54)-Kocovski, Fleming ( <u>Workshop</u> )  | L<br>U<br>N<br>C<br>H | Student SIG<br>Meeting (Q)-Singh                                 |
| Av. Van Horne                           | Floor  |   |  |   |                  | Developing a Nurturing Society: Directions for CBS to Understand<br>and Reduce Prejudice, Dehumanization, and Objectification (55)-<br>Ramos, Biglan, Masuda, Silberstein-Tirch, Skinta, Villatte, dickey (Panel) |                       |  |
| Rue Sainte-<br>Catherine                | Convention   |   | Evolution<br>Science SIG (M)-<br>Johansson   |   |                  | Examining the Impact on ACT Processes of ACT and Exposure-<br>Based Treatments for OCD and PTSD (56)-Wetterneck, J. P. Forsyth,<br>Grau, Thompson, Schoendorff ( <u>Symposium</u> )                               |                       | Veterans Affairs<br>ACT SIG Meet-up<br>(R)-Zink                  |
| Rue Notre-<br>Dame / Rue<br>Saint Denis |  |   | ACT and Autism<br>SIG Meeting (N)-<br>S. Wright  |   |                  | Evoke, Reinforce, Repeat (Part 1): Learning a Plain Language<br>Behavioral Perspective to Clinical Work (57)-Boone*, Sandoz*, Kellum<br>(Workshop)  |                       | Social Work and<br>ACT SIG (S)-<br>Armando, Boone                |
| Rue Crescent                            |  |   | <b>Pain SIG</b> (O)-<br>Martin, Hull   |   |                  | A functional contextual approach to moral injury: Conceptualization,<br>treatment, and implementation considerations (58)-Borges, Barnes,<br>Walser, Nieuwsma ( <u>Symposium</u> )                                |                       | ACT for Health SIG<br>Meeting (T)-Dudek,<br>Vesterskov           |
| Rue Mansfield /<br>Rue<br>Sherbrooke    |  |   | Gender and<br>Sexual Diversity<br>SIG Meeting (P)-<br>Farrell                          |   | C<br>O<br>F      | Barriers and Innovations in Self-Guided ACT Interventions (59)-<br>Krafft, B. Johnson, Bricker, Levin, Uebelacker ( <u>Symposium</u> )  | L<br>U<br>N           | Applying ACT to<br>Addictions SIG (U)-<br>Steinberger            |
| Rue Saint-Paul                          |  |   |  |   | F<br>E<br>E      | The evolution of innovation (60)-Lefebvre (Int. D. Wilson) (Invited)  | C<br>H                | <b>Spain Chapter</b> (V)-<br>Hernández-Lopez                     |
| Dièse                                   |  |   |  |   | T<br>E<br>A      | Exposure and Defusion: The Role of Extinction and Relational<br>Framing (61)- Rodriguez-Valverde, K. Wilson, Luciano, Törneke, E.<br>Morris ( <u>Panel</u> )  |                       |  |
| Exclamation                             | Floor  |   |  |   |                  | Pratiquer l'ACT par le clown (62)-Seznec (Workshop)   |                       | The Development of<br>ACT in China<br>(Meeting) (W)-<br>Zhuohong |
| Multiplication                          | 3rd F  |   |  |   |                  | Social intimacy: A transdiagnostic target for CBS therapists (63)-<br>Knott, Reyes Ortega, Manbeck, Munoz, Maitland ( <u>Symposium</u> )  |                       | Turkey Chapter<br>Meeting (X)-Nalbant                            |
| Arobase                                 |  | Energizing ACT –<br>Qi Gong Wake-<br>Up (48)-Dumka<br>( <u>Workshop</u> ) |  |   |                  | Delivery of Brief, Group-Based ACT Interventions in Diverse<br>Settings: Outcomes and Lessons Learned in Implementation (64)-<br>Kroska, Westrup, Orengo-Aguayo, Dindo, Hou ( <u>Symposium</u> )                  |                       |  |

| ROOM                                    | 1:20-2:50   | 2:50-<br>3:10<br>SESSIC    | 3:10-4:25  | 4:25-4:40        | 4:40-5:55<br>PLENARY  |
|---|---|----------------------------|--|------------------|---|
| Agora                                   | Rapid Role Play: Flexibly Integrating the ACT Co  |                            |  |                  |   |
| Centre-Ville                            | The use of the 'Situational Analysis' tool in pursuit<br>of Chosen Values (66)-Tilak ( <u>Workshop</u> )  |                            | Scaffolding ACT and DBT for the Multi-Problem Client<br>(80)-House, Georgescu* (Workshop)  |                  |   |
| Place Du<br>Canada                      | The self in practice: A contextual behave   | vioral s                   | science approach (67)-McHugh* ( <u>Workshop</u> )  |                  | The Zigs and Zags of Human<br>Evolutionary History (91)-<br>Turchin ( <i>Int. S. Hayes</i> ) ( <u>Plenary</u> ) |
| Av. Laurier /<br>Av. Viger              |   |                            | nse and Curative Therapeutic Relationships(68)-Tsai,<br>nlenberg ( <u>Workshop)</u>  |                  |   |
| Av. Duluth                              | ACT for Emotion Efficacy: A Treatment Protocol for<br>Emotion Dysregulation (69)-McKay, West ( <u>Workshop</u> )  | C<br>O<br>F<br>F           | Female, fierce, and fabulous (81)-Kjelgaard* ( <u>Workshop</u> )   | B<br>R<br>E      |   |
| Av. Van Horne                           | The Future of Evolution Science and Why it Matters<br>to the World (70)-S. Hayes, D. Wilson, Turchin,<br>Lefebvre ( <u>Panel</u> )  | F<br>E<br>E<br>T<br>E<br>A | Evolution and Contextual Behavioral Science: An<br>Integrated Framework for Understanding, Predicting,<br>and Influencing Human Behavior (82)-S. Hayes, D.<br>Wilson ( <u>Panel</u> )  | A<br>K           |   |
| Rue Sainte-<br>Catherine                | Cultivating Self-Compassion and Its Relation to<br>ACT Intervention Processes (71)-J. P. Forsyth, Tirch,<br>J. R. Forsyth, Tifft, Grau ( <u>Symposium</u> )   |                            | Get Out of Your Head and Into the Game: Teaching<br>Athletes the ACT Matrix and its use in the achievement<br>of mindful, enhanced, sports performance (83)-Udelf<br>(Workshop)  | t                |   |
| Rue Notre-<br>Dame / Rue<br>Saint Denis |   |                            | tivity and Sensitivity of your ACT work with a Plain<br>ork (72)-Boone*, Sandoz*, Kellum ( <u>Workshop</u> )   |                  |   |
| Rue Crescent                            | Importance of Values in Therapy: Empirical<br>Evidence (73)-Gloster, Kelly, Hoyer, Paraskeva-<br>Siamata, Karekla ( <u>Symposium)</u>   |                            | It is time to discuss race and politics: Applying CBS to<br>address social divisions (84)-Corey, Masuda, Rosen,<br>Kanter, Manbeck ( <u>Symposium</u> )  |                  |   |
| Rue Mansfield /<br>Rue<br>Sherbrooke    | ACT for Spiritual Development: Accept, Choose,<br>Teach others (74)-Robb* ( <u>Workshop</u> )   |                            | <b>On Stage ACT-ing</b> (85)-Howard, Yates, M. Morris<br>( <u>Workshop</u> )   | B<br>R<br>E<br>A |   |
| Rue Saint-Paul                          | How RFT can make you smarter (75)-Cassidy ( <i>Int.</i><br><i>Coyne</i> ) <u>(Invited)</u>  |                            | Clinical Engagement with Gender Diverse Clients<br>across the Gender Spectrum (86)-dickey (Int. Skinta )<br>(Invited)  | ĸ                |   |
| Dièse                                   | What's Ahead in Obsessive Compulsive Disorders:<br>Theoretical and clinical developments (76)-<br>Thompson, O'Connor, Radomsky, Cathey, Schoendorff<br>( <u>Panel</u> )   | С                          | Vers une façon de mesurer la qualité de vie (QV) plus<br>cohérente avec la psychologie contextuelle<br>fonctionnelle pour les personnes souffrant de<br>problèmes de santé physiques et psychologiques (87)<br>Bolduc, Dupuis ( <u>Panel</u> ) | -                |   |
| Exclamation                             | Using ACT to enhance performance and well-being<br>(77)-Schlosser, Bond, Garcia-Martin, Ruiz, Juncos,<br>Larsson ( <u>Symposium</u> )   | O<br>F<br>E<br>E           | ACT for People with Pain: What We Still Have to Learn<br>(88)-Hull, Gillanders, Rovner, Martin, Rhodes<br>(Symposium)  |                  |   |
| Multiplication                          | Shame, Stigma, and Stress: Barriers to Thriving for<br>Gender and Sexual Minorities (78)-Singh, Skinta,<br>Noyola, Benz, Palm Reed, O'Brien ( <u>Symposium</u> )  | T<br>E                     | Empirically evaluating smartphone app technology<br>effectiveness in delivering and evaluating ACT<br>interventions (89)-Rizo, Levin, Gloster, Haeger<br>(Symposium)   |                  |   |
| Arobase                                 | Intervenir de façon efficace avec une clientèle<br>suicidaire en utilisant des techniques issues de la<br>thérapie d'acceptation et d'engagement et de la<br>thérapie dialectique comportementale (79)-Martel,<br>Lemay ( <u>Workshop</u> ) | A                          | Recent Research on Verbal Processes Involved in<br>Components of ACT and RFT (90)-Baires, Tarbox,<br>Garcia-Zambrano, Hinman ( <u>Symposium</u> )  |                  |   |

|   |                  |  |   | Saturo   | day Ju   | ly 28 (Morning)  |                    |   |
|---|------------------|--|---|--|--|--|--------------------|---|
|   |                  | 7:00-8:00  | 8:00-9:00   | 9:00-10:15<br>PLENARY  | 10:15-<br>10:35  | 10:35-12:05<br>SESSIONS  |                    | 12:05-1:20  |
| Agora                                   | d Floor          |  |   | PLEWART  |  | The possibility of ALIVE: A functional contextual model for<br>achieving meaning, vitality, and excellence (94)-Bond, Dowling, D.<br>Barnes-Holmes, Y. Barnes-Holmes*, Schlosser ( <u>Workshop</u> )   |                    |   |
| Centre-Ville                            | Ground           |  |   |  |  | ACT and Aging: Exploring ACT in Treating Depression in the<br>Elderly (95)-W. Smith ( <u>Workshop</u> )  |                    |   |
| Place Du<br>Canada                      |                  |  |   | Thinking Big (Data)<br>for contextual<br>behavioral science<br>(93)-Whelan ( <i>Int.</i><br><i>McHugh</i> ) ( <u>Plenary</u> ) |  | SHAPE-ing competent therapists: Working effectively with<br>emotion in clinical supervision (96)-E. Morris, Batten* ( <u>Workshop</u> )  |                    |   |
| Av. Laurier / Av.<br>Viger              |                  |  |   | C<br>O<br>F<br>F<br>E  | O<br>F<br>F  | ACT: Developing exposure/acceptance practice for people with<br>Chronic Pain (97)-Dahl* ( <u>Workshop</u> )  | L                  |   |
| Av. Duluth                              |                  | Mindful Yoga-<br>Based ACT:<br>Incorporating yoga<br>into therapy (92)-<br>Gordon*, Borushok<br>(Workshop) | SIG, US Chapter,<br>& Affiliate Yearly<br>Summit (Y)-Pilecki<br>Sisti                       |  |  | The application of the ACT of Self-Forgiveness to adult<br>experience of Adverse Childhood Events (98)-Dewar ( <u>Workshop</u> )   |                    | Compassion Focus<br>SIG (AC)-Silbersteir<br>Tirch, Kolts                      |
| Av. Van Horne                           | n Floor          |  |   |  | #MeToo movement: What contextual sciences can, and are doing,<br>to contribute to the issue of sexual assault and harassment (99)-<br>Martin, Lee-Baggley, Silberstein-Tirch, Day, House, Gobin ( <u>Panel</u> ) |  |                    |   |
| Rue Sainte-<br>Catherine                | Convention Floor |  |   |  |  | SMART (Strengthening Mental Abilities through Relational<br>Training) interventions across the lifespan: Enhanced outcomes<br>across a variety of valued indicators for school-aged children,<br>adults with learning difficulties, and Alzheimer's patients (100)-<br>Tyndall, Whelan, Cassidy, Presti ( <u>Symposium</u> ) |                    | Psychosis SIG<br>Meeting (AD)-Tyrbe   |
| Rue Notre-<br>Dame / Rue<br>Saint Denis |                  | A  |   |  | O<br>F   | Contextual Behavioral Strategies for Helping Gender and Sexual<br>Minority Clients Thrive (101)-Leonard-Curtin*, Skinta* ( <u>Workshop</u> )   |                    | LOPP-SIG Annua<br>Meeting (AE)-Read   |
| Rue Crescent                            |                  |  | Contextual<br>Medicine SIG<br>Annual Meeting<br>(Z)-Staats, E.<br>Lewis                     |  |  | Innovation and evaluation in ACT training: steps towards a science of dissemination (102)-Gillanders, A-Tjak, Dionne, Keinonen, Rovner ( <u>Symposium</u> )  |                    | Contextual<br>Philosophy of Scier<br>SIG Meeting (AF)-Lo                      |
| Rue Mansfield /<br>Rue<br>Sherbrooke    |                  |  | Children,<br>Adolescents, &<br>Family SIG<br>Meeting (AA)-<br>Rombouts                      |  |  | The three faces of OCD: Case presentations of therapy with three teenagers, in three languages, by three ACT clinicians (103)-<br>Lemay, Rossi, McAfee ( <u>Workshop</u> )   | L<br>U<br>N<br>C   | College/Universit<br>Student Mental Hea<br>SIG (AG)-Morse,<br>Ethington       |
| Rue Saint-Paul                          |                  |  | Psychedelic and<br>Non-Ordinary<br>States of<br>Consciousness<br>SIG (AB)-Gates,<br>Pilecki |  | Implications of Relational Frame Theory for Early Childhood<br>Language Development (104)-Tarbox ( <i>Int. Ming</i> ) ( <u>Invited</u> )   | н  | FAP SIG (AH)-Sanid |   |
| Dièse                                   | 3rd Floor        |  |   |  | Е  | If I Restructure Your Thoughts and Decrease Your Anxiety, Can I<br>Still Call it ACT? (105)-Kneisler, Boone, Walser, Sisti, Tirch, Sandoz<br>(Panel)   |                    |   |
| Exclamation                             |                  |  |   |  |  | The impact of identity on thriving: Examining self-as-content in<br>multiple contexts (106)-Benz, Luoma, Bishop, Grau, Gazarian<br>(Symposium)   |                    |   |
| Multiplication                          |                  |  |   |  |  | Understanding and targeting fear and rumination with RFT (107)-<br>Rodriguez-Valverde, Gil-Luciano, Ruiz ( <u>Symposium</u> )  |                    |   |
| Arobase                                 |                  |  |   |  |  | ACT-matrice et Cancer (108)-Audet-lapointe (Workshop)  |                    | VTTS (Video<br>Transcription and<br>Translation<br>Subcommittee) (Al<br>Rossi |

| Saturday, July 28 (Afternoon)           |  |               |  |                       |           |  |  |  |
|---|--|---------------|--|-----------------------|-----------|--|--|--|
|   | 1:20-2:50  | 2:50-<br>3:10 | 3:10-4:25  | 4:25-4:40             | 4:40-5:55 |  |  |  |
| ROOM                                    |  | SSION         |  |                       | PLENARY   |  |  |  |
| Agora                                   | Mastering the Clinical Conversation with RFT (109)-<br>Villatte*, Best, Olaz* ( <u>Workshop</u> )  |               | Building meaning and resilience in our<br>organizational and community work (124)-Atkins*,<br>Holman, Schoendorff* ( <u>Workshop</u> )   |                       |           |  |  |  |
| Centre-Ville                            | ACTive Rehab: Group interventions for chronic pair<br>modularize and tailor interventions for the differenti<br>Gillande   |               |  |                       |           |  |  |  |
| Place Du<br>Canada                      | Acceptance and Commitment Therapy in Challen<br>Brock*, Gi   |               | Thriving inside the Dynamics<br>of a Contextual Behavioral<br>Science: RFT, Clinical and<br>Non-Clinical Foundations<br>(137)-Presti (Int. K. Wilson)<br>(Plenary)                               |                       |           |  |  |  |
| Av. Laurier / Av.<br>Viger              | Superhero Therapy: An Interactive Quest Through<br>Acceptance and Commitment Therapy (112)-Scarlet<br>( <u>Workshop</u> )  |               | Perfectionism from a contextual perspective:<br>Supportive healthy striving and flexible<br>responding (125)-Kemp, Ethington ( <u>Workshop</u> )   |                       |           |  |  |  |
| Av. Duluth                              | Live with Awareness, Courage and Love Meetups:<br>Bringing Functional Analytic Psychotherapy to the<br>General Public (113)-Lopes, Tsai, Yates, Handelman,<br>D. Johnson, Sanida, R. Kohlenberg ( <u>Workshop</u> )  | С             | Therapy with Our Hearts Wide Open: Love and<br>Compassion in FAP and CFT (126)-B. Kohlenberg*,<br>Kolts ( <u>Workshop</u> )  | B<br>R<br>E<br>A<br>K |           |  |  |  |
| Av. Van Horne                           | How is PROSOCIAL evolving? New thoughts and<br>perspectives in the light of experience working<br>with the PROSOCIAL model (114)-Read, Atkins, D.<br>Wilson, S. Hayes ( <u>Panel</u> )   |               | Criticisms of Contextual Behavioral Science:<br>Inside and Out (127)-Gaudiano, A-Tjak, Bricker, S.<br>Hayes, Koerner ( <u>Panel</u> )  | K                     |           |  |  |  |
| Rue Sainte-<br>Catherine                | ACT in the workplace: Understanding how ACT<br>interventions improve employees' mental health<br>(115)-Flaxman, Bond, McIntosh, Christodoulou, E.<br>Morris ( <u>Symposium</u> )   |               | Clinically relevant applications of the Implicit<br>Relational Assessment Procedure (IRAP) (128)-<br>Rodriguez-Valverde, McHugh, Hernández-Lopez,<br>Bast ( <u>Symposium</u> )                   |                       |           |  |  |  |
| Rue Notre-<br>Dame / Rue<br>Saint Denis | <b>Ignite</b> (116)-Lowe, Kaplan, Sudano, Dixon, O'Hayer,<br>Marino, Notar, Abid Azam, Roche, Kotsou, Leys, Jade,<br>Pergher, Dufresne, Eickleberry, Marco ( <u>lanite</u> )   |               | Swipe Right: Using the Matrix to Enhance Teen<br>and Family Work (129)-Turrell, C. McCurry, Bell,<br>Lipsitt (Workshop)  |                       |           |  |  |  |
| Rue Crescent                            | Empirical investigations of experiential avoidance<br>and psychological well-being (117)-Whelan,<br>McHugh, M. Lewis, Naugle, Tyndall, Pennie<br>(Symposium)   | O F F E E     | Maitriser la Conversation Clinique avec la TCR<br>(130)-Villatte*, Best, Olaz* ( <u>Workshop</u> )   |                       |           |  |  |  |
| Rue Mansfield /<br>Rue Sherbrooke       | Discrimination and microaggressions: CBS<br>research findings and a call to action (118)-<br>Kuczynski, Kanter, Corey, Parigoris, Carey<br>(Symposium)   | т             | Improving trans awareness and competence for<br>mental health providers by expanding<br>psychological flexibility: An experiential<br>workshop (131)-O'Hayer, Marino ( <u>Workshop</u> )         | B<br>R<br>E<br>A      |           |  |  |  |
| Rue Saint-Paul                          | Using the matrix to address psychological<br>suffering across multiple disorders (119)-Kroska,<br>Schoendorff, Brand-Arpon, Bast, Tani (Symposium)   | E<br>A        | Increasing psychological flexibility, resilience,<br>and coping strategies for parents of children with<br>medical conditions (132)-Chong, Villarreal, Fung<br>(Symposium)                       | к                     |           |  |  |  |
| Dièse                                   | Whose Values? Which Perspective? Overt vs.<br>Covert Advocacy in ACBS: How the therapeutic<br>relationship interfaces with value assimilation,<br>liberation, and client choice (120)-Rachal, Plumb<br>Vilardaga, Callaghan, Silberstein-Tirch, Carr (Panel) |               | Aging Happens to You Too: The Role of CBS in<br>Meeting the Challenges of Awareness, Advocacy,<br>and Treatment for Older Adults (133)-S. McCurry,<br>Biglan, Walser, K. Wilson ( <u>Panel</u> ) |                       |           |  |  |  |
| Exclamation                             | From individual to systemic behavior change:<br>What Behavior Analysis and Pro-sociality can<br>bring to ACT (121)-Tarbox, Waxegard, Hinman,<br>Garcia-Zambrano, Baires ( <u>Symposium</u> )   |               | Using technology in creative ways to assess and<br>improve ACT interventions (134)-Dixon, Cumella,<br>Sandoz, Fennell, Viskovich ( <u>Symposium</u> )  |                       |           |  |  |  |
| Multiplication                          | Why philosophy matters: Reconnecting with our<br>roots and branching out (122)-Long, K. Wilson,<br>Marks, S. Wright ( <u>Symposium)</u>  |               | Mindfulness and self-compassion as key<br>processes in mediating life outcomes (135)-<br>Dussault, Maher, Buyukoksuz, Tekin ( <u>Symposium)</u>  |                       |           |  |  |  |
| Arobase                                 | Projets cliniques et de recherche novateurs en<br>francophonie (123)-Belmihoub, Grond, Velez,<br>Kotsou, Leys, Rousseau ( <u>Symposium)</u>  |               | Seeing through the eyes of others: How can ACT<br>reduce prejudice and harmful behaviors (136)-<br>Dahl, Wong, Waite, Pargament, O'Brien, Kecmanovic<br>( <u>Symposium</u> )                     |                       |           |  |  |  |

## Sunday July 29 (Morning)

|               |   |  |   | 1  |
|---------------|---|--|---|--|
|               | 9:00-10:15  | 10:15-<br>10:35  | 10:35-12:05   | 12:10-12:30  |
|               | <u>SESSIONS</u>   |  | SESSIONS  |  |
| nd Floor      | Empowering Clients to Thrive Despite Their Desire for<br>Death: A Workshop on ACT for Suicide Prevention (138)-<br>Barnes, Sorensen, G. Smith, Borges, Walser* (Workshop)   |  | "I'll do it later": Overcoming procrastination in college<br>students with ACT (152)-Dionne* ( <u>Workshop</u> )  |  |
| Grou          | The Nuts and Bolts of Exposure-Based Work in Acco   |  |   |  |
|               | ACT in Groups (140)   | -M. J. Wrig  | ght*, Westrup* ( <u>Workshop)</u>   |  |
|               | Embodying Acceptance and Defusion through Aikido (141)-<br>Hamilton, Olaz* ( <u>Workshop</u> )  |  | "I still see what you did there!" Annual RFT clinical round table (153)-Larsson, Sandoz*, Villatte* ( <u>Workshop</u> )   |  |
|               | How can we build a true culture of vertical and horizontal reticulation in ACBS? (142)-Caldas, Villatte, S. Hayes, Luciano, Kovac, Koerner (Panel)  |  | How CBS-based interventions can decrease polarization in<br>political contexts (154)-Karlsson, Biglan, Levin, Tirch,<br>Johansson ( <u>Panel</u> )  |  |
| oor           | Heart Rate Variability: A Potential Physiological Marker<br>of Thriving (143)-Singh, McGrath, Zaturenskaya, O'Brien,<br>Watford, Buhk, Levine ( <u>Symposium</u> )  |  | Fostering Reconciliation Through Bridging Indigenous<br>Approaches to Healing and ACT (155)-Benedict, Fung<br>(Workshop)  |  |
| Convention Fl |   |  | Your Privilege is not your Fault, Though it is Still your<br>Responsibility: Working with Compassion and Connection<br>from a Place of Privilege (156)-Brill, Skinta*, Silberstein-Tirch<br>(Workshop)  | Closing ceremony<br>led by Elder,<br>Otsi'tsaken:ra<br>(Speckled Flower,<br>Bear Clan) from the<br>Kanien'keha:ka<br>Community of<br>Kahnawake (Al)  |
|               | Brief ACT Matrix Intervention for Medical Inpatients:<br>Addressing Suffering and Promoting Workability (145)-<br>Weinrib, Schoendorff, Dindo, Birnie, Gerkin ( <u>Symposium</u> )  | C<br>O<br>F  | ACT and CBS as solutions to problematic eating behaviors<br>(157)-Dochat, Godfrey, Roche ( <u>Symposium</u> )   |  |
|               | Changes in Values as a Process of Posttraumatic<br>Growth after Violent Trauma (146)-Comeau, Fitzpatrick,<br>Cox, Lee ( <u>Symposium</u> )  | E<br>E<br>T<br>E   | Aging Changes Things: Adapting ACT to Meet the Needs of<br>an Aging Population (158)-Steadman-Wood ( <u>Workshop</u> )  |  |
|               | When positive emotions function in unexpected ways: A<br>transdiagnostic treatment consideration (147)-Bishop,<br>Palm Reed, Granato, Armstrong ( <u>Symposium</u> )  | A  | Using Acceptance and Commitment Therapy to Help Parents<br>Thrive in the Context of Child Struggles (159)-Moore, Coyne,<br>Hart, Raftery-Helmer, Birtwell, Cassidy ( <u>Symposium</u> )   |  |
|               | A Jewel in the Vast Ocean: A Discussion of<br>Operationalizable Concepts from Buddhist Psychology,<br>Philosophy, and Ethics, and Their Potential Applicability<br>to Contemporary Psychotherapeutic Practice (148)-<br>Sandoz, Tirch, Silberstein-Tirch, Masuda, L. Hayes,<br>DuFrene, Rachal ( <u>Panel</u> ) |  | Integrating ACT: The art and challenge of preserving the<br>goal of psychological flexibility (160)-Pistorello, West, McKay,<br>Holman, Fielding ( <u>Symposium</u> )   |  |
| 3rd Floor     | Integrating ACT with other models (149)-Morrissey Stahl,<br>Schulze ( <u>Symposium</u> )  |  | Thriving in Community Settings: An Investigation into the<br>Benefits of ACT and Self-Compassion for Adolescents (161)-<br>Henson, Fitzpatrick, Bois ( <u>Symposium</u> )   |  |
|               | L'ACT en counseling de carrière (150)-Charpentier, Bleau,<br>Richard ( <u>Workshop</u> )  |  | La théarapie ACT appliquée à la prise en soin de patients<br>présentant une symptomatologie suicidaire (162)-Brand-<br>Arpon ( <u>Workshop</u> )  |  |
|               | How Do we ACT in Asia?: The Contextualization of ACT<br>in Eastern Asian Culture (151)-Li, Zhu, Chong, Wang, An<br>( <u>Symposium</u> )   |  | Designing and evaluating the effectiveness of Acceptance<br>and Commitment Therapy interventions for addictions (163)-<br>Ryals, Cameron, Harlan, Stotts, Mak ( <u>Symposium</u> )  |  |
|               | Floor   | SESSIONS   Empowering Clients to Thrive Despite Their Desire for<br>Death: A Workshop on ACT for Suicide Prevention (138).<br>Barnes, Sorensen, G. Smith, Borges, Walser* (Workshop)   The Nuts and Bolts of Exposure-Based Work in Accord<br>ACT in Groups (140)   Embodying Acceptance and Defusion through Aikido (141)-<br>Hamilton, Olaz* (Workshop)   How can we build a true culture of vertical and horizontal<br>reticulation in ACBS? (142)-Caldas, Villatte, S. Hayes,<br>Luciano, Kovac, Koerner (Panel)   Heart Rate Variability: A Potential Physiological Marker<br>of Thriving (143)-Singh, McGrath, Zaturenskaya, O'Brien,<br>Watford, Buhk, Levine (Symposium)   Whose Therapy is it Anyway?: Working with gender and<br>sexual minority youth and their families (144)-Farrell<br>(Workshop)   Brief ACT Matrix Intervention for Medical Inpatients:<br>Addressing Suffering and Promoting Workability (145).<br>Weinrib, Schoendorff, Dindo, Birnie, Gerkin (Symposium)   Changes in Values as a Process of Posttraumatic<br>Growth after Violent Trauma (146)-Comeau, Fitzpatrick,<br>Cox, Lee (Symposium)   When positive emotions function in unexpected ways: A<br>transdiagnostic treatment consideration (147)-Bishop,<br>Palm Reed, Granato, Armstrong (Symposium)   Myen positive emotions function in unexpected ways: A<br>transdiagnostic treatment consideration (147)-Bishop,<br>Palm Reed, Granato, Armstrong (Symposium)   Myen positive emotions function in unexpected ways: A<br>transdiagnostic treatment consideration (147)-Bishop,<br>Palm Reed, Granato, Armstrong (Symposium)   Myen positive emotions function in unexpected ways: A<br>transdiag | 9:00-10:15 10:35   SESSIONS Empowering Clients to Thrive Despite Their Desire for Death: A Workshop on ACT for Suicide Prevention (138)-<br>Barnes, Sorensen, C. Smith, Borges, Walser' (Workshop) The Nuts and Bolts of Exposure-Based Work in Acceptance a (Workshop)   ACT in Groups (140)-M. J. Wright the Nuts and Bolts of Exposure-Based Work in Acceptance and Uvorkshop) ACT in Groups (140)-M. J. Wright the Nuts and Bolts of Exposure-Based Work in Acceptance a (Workshop)   How can we build a true culture of vertical and horizontal reticulation in ACBS? (142)-Caldas, Villatte, S. Hayes, Luciano, Kovac, Koerner (Panel) Heart Rate Variability (142)-Caldas, Villatte, S. Hayes, Luciano, Kovac, Koerner (Panel)   Whose Therapy is it Anyway?: Working with gender and sexual minority youth and their families (144)-Farrell (Workshop) Copyreptication of Medical Inpatients: Addressing Suffering and Promoting Workability (145)-Weinnib, Scheendorff, Dindo, Birnie, Gerkin (Symposium) Te Addressing Suffering and Promoting Workability (145)-Weinnib, Scheendorff, Dindo, Birnie, Gerkin (Symposium)   When positive emotions function in unexpected ways: A transdignostic treatment consideration (147)-Bishop, Palm Reed, Granato, Armstrong (Symposium) Te A   Meep of thit b Vast Ocean: A Discussion of Operationalizable Concepts from Buddhist Psychology, Philosophy, and Ethics, and Their Potential Applicability to Schulze (Symposium) Te A   Meep of the vast Ocean: A Discussion of Doperationalizable Concepts from Buddhist Psychology, Sandoz, Tirch, Siberstein-Tirch, Masuda, L. Hayes, DuFrene, Rachal (Panel)   < | 9:00-10:15 10:35 10:32-12:06   9:00-10:15 9:05 9:05 9:05   0:00-10:15 10:35 9:05 9:05   0:00-10:15 10:35 9:05 9:05   0:00-10:15 10:35 9:05 9:05   0:00-10:15 10:35 9:05 9:05   0:00-10:15 10:35 9:05 9:05   0:00-10:15 10:35 9:05 9:05   0:00-10:15 10:35 9:05 9:05   0:00-10:15 10:35 10:35 9:05   0:00-10:15 10:35 10:35 10:35   0:00-10:15 10:35 10:35 10:35   0:00-10:15 10:35 10:35 10:35   0:00-10:15 10:35 10:35 10:35 10:35   0:00-10:15 10:35 10:35 10:35 10:35   0:00-10:15 10:35 10:35 10:35 10:35   0:00-10:15 10:35 10:35 10:35 10:35 |